

POST OPERATIVE
Labiaplasty

MEDICATIONS:

- Allergies: _____
- _____: Take ___ every _____ hours if needed for pain. Substitute Tylenol for mild pain. Do not drive or drink alcohol while using this medication. Avoid Aspirin and Ibuprofen products until 3 days after surgery.
- _____: Take one ___ times daily for _____ days.
- All patients take Cephalexin 500 mg twice a day for 5 days.
- Other: _____

INSTRUCTIONS:

- Make an appointment to see Dr. Hoffman on _____
- Apply bacitracin ointment to sutures as a dressing and wear a sanitary napkin in underwear.
- No tampons or sex for 4 weeks.
- After care consists of Epsom salt baths twice a day for first week then once a day for second week.
- Bacitracin is applied to sutures twice a day for two weeks and as needed if you urinate on sutures.
- Ice may be used as needed.
- Call if you experience unusual pain, redness, swelling, bruising, bleeding or sustained fever.

Physician Signature

Date

Patient/Family Member Signature

Date