

**POST OPERATIVE CARE
FACELIFT**

MEDICATIONS:

- Allergies: _____
- _____: Take _____ every _____ hours if needed for pain. Substitute Tylenol for mild pain. Avoid aspirin and Ibuprofen products. Do not drive or drink while using this medication.
- _____: Take one _____ times daily for _____ days.
- Place ophthalmic ointment on your suture lines.
- Other: _____

INSTRUCTIONS:

- When you get home call Dr. Hoffman's office to schedule an appointment on _____.
- Ice packs to face 20 minutes at a time four times a day over the first 2-3 days
 - Swelling and bruising can occur 2-3 days after procedure
- Keep head, neck, and shoulders elevated (including while sleeping)
- No straining, lifting, or bending for 1-2 weeks
- No aspirin or ibuprofen for 5 days
- No make-up until your stitches are removed
- Avoid exposure to sun, use sunscreen and hat
- Do not have any hair coloring treatment for 3 weeks after procedure
- You may drive when you have been off of pain medications and you feel comfortable
- You may resume light activity in 1 week, and more strenuous activity after 2 weeks
- Call if you experience unusual pain, redness, swelling, bruising, bleeding or sustained fever.

Physician Signature

Date

Patient/Family Member Signature

Date